

COVID-19

Help prevent the spread of illness.

Dear patient,

We understand you and your loved ones may be concerned about the spread of COVID-19. Your safety and well-being are our top priority, and we are taking every precaution to help keep you safe.

Before coming to our clinic:

Call ahead before seeking care.

The symptoms of COVID-19 are similar to other respiratory illnesses like the flu, including:

- fever
- cough
- shortness of breath

If you have these symptoms:

- Mild symptoms can be treated at home.
- If your symptoms worsen, call our office before coming to the clinic. We will let you know what to do next and if you need to be seen.

Visitor restrictions are in place at all hospitals and clinics .

To help prevent the spread of COVID-19, local hospitals are:

- limiting visitors to one person over the age of 12 for hospital visits and doctor's appointments at clinic locations.
- screening patients and visitors for symptoms of illness upon arrival.
- asking patients and their loved ones with symptoms related to COVID-19 to return home.
- providing information about what to do if you have symptoms to prevent the spread of illness.
- posting changes on these restrictions to www.unhealthcare.org/coronavirus

COVID-19 Symptoms

COVID-19 is similar to other respiratory illnesses like the flu. Symptoms include fever, cough, and shortness of breath.

Steps to Protect You and Your Family

You can help to protect yourself and your loved ones by taking these simple steps: Wash your hands frequently with soap and water for at least 20 seconds. Avoid touching your eyes, nose, and mouth with unwashed hands. Stay at home if you are sick.

Questions about COVID-19

If you have a general question about COVID-19 please call the North Carolina COVID-19 Hotline. If you are concerned that you've been exposed please call our office or the UNC Health Helpline.

North Carolina COVID-19 Hotline

866-462-3821

24 hours, seven days a week

- or -

UNC Health Helpline

1-888-850-2684

24 hours, seven days a week